



Recreational Division Summer 2024

2715 29th ST Grand Rapids, MI 49512 616.245.9501 Register online www.hisdance.org

Summer Registration Fee for families not currently registered (2023/24) \$10.

ONE WEEK / THREE DAY SESSIONS: \$70 per session

Session 1: June 11-13 T/W/TH

Hissy Manners Camp: Ages 3 - 5 yrs. Manners, scripture, dance and more will be taught during this 3 day session. We will practice how to represent Him well as a child of the King!

Attire: Leotard/ Tights/ Ballet shoes or active wear.

Dance Exploration: Ages 6-8 and 9-12 yrs. Explore a variety of styles of dance including Ballet, Jazz, Modern, and Tap.

Attire: Leotard, Tights and Ballet shoes. (Skirt, Pants, Shorts optional) Boys: Black pants, white shirt

Session 2: June 25-27 T/W/TH

Kingdom Camp: Ages 3 - 5yrs. We are His chosen people, a royal Priesthood. (1 Peter 2:9) This interactive class for every Prince and Princess in His Kingdom will engage the dancer's imagination, creativity and musicality.

Attire: Leotard, Tights, and Ballet shoes or Princess attire.

Dance Exploration: Ages 6-8 and 9-12 yrs. Explore a variety of styles of dance including Ballet, Jazz, Modern, and Tap.

Attire: Leotard, Tights, and Ballet shoes. (Skirt, Pants, Shorts optional) Boys: Black pants, white shirt.

FOUR WEEK / ONE DAY JULY SESSION: \$65

Session 3: July 9/16/23/30 T

Intellidance Babes in Arms & Toddler and Me: Ages 3 mos - 4yrs: The Intellidance curriculum is utilized to teach music, movement, balance, and basic dance steps. This introduces students to dance in a fun, friendly and positive manner. This class includes mom or dad or another loved one participating along with the little dancer. Attire: Comfortable clothing.

Pre Ballet: Ages 3-5 years. Students will begin to learn ballet exercises while emphasizing basic terminology. Attire: Girls: leotard, tights and ballet shoes. Boys: Black pants, white shirt, black ballet shoes.

Ballet: Ages 6-8 and 9-12 years. Whether experimenting to see where your interests lie or you're an aspiring dancer, you will love ballet class! We focus on clean execution and a physical and intellectual understanding of ballet technique. No experience necessary.

Attire: Girls: leotard, tights and ballet shoes. Boys: Black pants, white shirt, black ballet shoes.

Funky Jazz: Ages 6-8 and 9-12 years. Jazz technique and choreography is taught to clean Christian music. A thorough warm-up will help students work on strengthening their core muscles, which are essential for body control and the development of sound dancing techniques and rhythm.

Attire: Comfortable clothing, clean tennis shoes. No street shoes or midriiffs exposed.

Cardio Ballet Workout: Ages Teen/ Adult. Get fit. Get moving. Join us at the ballet barre for a heart pumping, soul lifting, friendship building workout. This cardio warm up will be followed by the classical movements of ballet that will lengthen, strengthen, and tone your muscles.

Attire: Comfortable clothing, ballet shoes/ bare feet. No street shoes or midriiffs exposed.

Sunset with the Psalms: Ages Teen/ Adult. Join us at sunset as we stretch and strength all the while studying the book of Psalms. Great for dancers from ages 18 - 99!

Attire: Comfortable clothing, ballet shoes/ bare feet. No street shoes or midriiffs exposed.

HIS DANCE COMPANY: Ages 18+ with Experience.....\$50 or \$10 Drop in Class

Classes in Ballet, Modern, and Jazz. HIS Dance Company is a community of dance artists built upon a faith-foundation, seeking to offer safe and honest fellowship and to create authentic and excellent works of art.

HIS Dance Recreation Summer 2024

2715 29th ST Grand Rapids, MI 49512 616.245.9501 Register online www.hisdance.org

One Week / Three Day June Sessions: \$70 per Week (Non refundable fee deducted within 7 days of registration)

Session 1: June 11-13 T/W/TH

Ages 3- 5	9:45- 11:00	Hissy's Manners Camp
Ages 6- 8	11:15- 12:30	Dance Exploration Ballet / Jazz/ Modern/ Tap
Ages 9- 12	11:15- 12:30	Dance Exploration Ballet / Jazz/ Modern/ Tap

Session 2: June 25-27 T/W/TH

Ages 3 - 5	9:45- 11:00	Kingdom Camp
Ages 6 - 8	11:15- 12:30	Dance Exploration Ballet / Jazz/ Modern/ Tap
Ages 9 - 12	11:15- 12:30	Dance Exploration Ballet / Jazz/ Modern/ Tap

Four Week / One Day July Sessions: \$65 per Session (Non refundable fee deducted within 7 days of registration)

Session 3: (Tuesday) July 9/16/23/30

Ages 3 Month- 4 Years	4:15- 5:00	Intellidance
Ages 3 - 5	4:15 - 5:00	Pre Ballet
Ages 6 - 8	5:00 - 6:00	Ballet
	6:00 - 6:45	Funky Jazz
Ages 9 - 12	5:00 - 6:00	Ballet
	6:00 - 6:45	Funky Jazz
Teen / Adult	6:45- 7:45 PM	Cardio Ballet
	7:45 - 8:45 PM	Sunset with the Psalms

HIS Dance Company (Ages 18+ with Experience) (Non refundable fee deducted within 7 days of registration)

Classes offered (Tuesdays) July 9, 16, 23, 29.....\$50 or \$10 Drop in Class

Ages 18+	7:45 - 9:15 PM	Ballet, Modern, Jazz, Pilates
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