



## Recreational Division Summer 2024

2715 29th ST Grand Rapids, MI 49512 616.245.9501 Register online [www.hisdance.org](http://www.hisdance.org)

Summer Registration Fee for families not currently registered (2023/24) \$10.

ONE WEEK / THREE DAY SESSIONS: \$70 per session

### Session 1: June 11-13 T/W/TH

Hissy Manners Camp: Ages 3 - 5 yrs. Manners, scripture, dance and more will be taught during this 3 day session. We will practice how to represent Him well as a child of the King!

Attire: Leotard/ Tights/ Ballet shoes or active wear.

Dance Exploration: Ages 6-8 and 9-12 yrs. Explore a variety of styles of dance including Ballet, Jazz, Modern, and Tap.

Attire: Leotard, Tights and Ballet shoes. (Skirt, Pants, Shorts optional) Boys: Black pants, white shirt

### Session 2: June 25-27 T/W/TH

Kingdom Camp: Ages 3 - 5yrs. We are His chosen people, a royal Priesthood. (1 Peter 2:9) This interactive class for every Prince and Princess in His Kingdom will engage the dancer's imagination, creativity and musicality.

Attire: Leotard, Tights, and Ballet shoes or Princess attire.

Dance Exploration: Ages 6-8 and 9-12 yrs. Explore a variety of styles of dance including Ballet, Jazz, Modern, and Tap.

Attire: Leotard, Tights, and Ballet shoes. (Skirt, Pants, Shorts optional) Boys: Black pants, white shirt.

FOUR WEEK / ONE DAY JULY SESSION: \$65

### Session 3: July 9/16/23/30 T

Intellidance Babes in Arms & Toddler and Me: Ages 3 mos - 4yrs: The Intellidance curriculum is utilized to teach music, movement, balance, and basic dance steps. This introduces students to dance in a fun, friendly and positive manner. This class includes mom or dad or another loved one participating along with the little dancer. Attire: Comfortable clothing.

Pre Ballet: Ages 3-5 years. Students will begin to learn ballet exercises while emphasizing basic terminology. Attire: Girls: leotard, tights and ballet shoes. Boys: Black pants, white shirt, black ballet shoes.

Ballet: Ages 6-8 and 9-12 years. Whether experimenting to see where your interests lie or you're an aspiring dancer, you will love ballet class! We focus on clean execution and a physical and intellectual understanding of ballet technique. No experience necessary.

Attire: Girls: leotard, tights and ballet shoes. Boys: Black pants, white shirt, black ballet shoes.

Funky Jazz: Ages 6-8 and 9-12 years. Jazz technique and choreography is taught to clean Christian music. A thorough warm-up will help students work on strengthening their core muscles, which are essential for body control and the development of sound dancing techniques and rhythm.

Attire: Comfortable clothing, clean tennis shoes. No street shoes or midriiffs exposed.

Cardio Ballet Workout: Ages Teen/ Adult. Get fit. Get moving. Join us at the ballet barre for a heart pumping, soul lifting, friendship building workout. This cardio warm up will be followed by the classical movements of ballet that will lengthen, strengthen, and tone your muscles.

Attire: Comfortable clothing, ballet shoes/ bare feet. No street shoes or midriiffs exposed.

Sunset with the Psalms: Ages Teen/ Adult. Join us at sunset as we stretch and strength all the while studying the book of Psalms. Great for dancers from ages 18 - 99!

Attire: Comfortable clothing, ballet shoes/ bare feet. No street shoes or midriiffs exposed.

HIS DANCE COMPANY: Ages 18+ with Experience.....\$50 or \$10 Drop in Class

Classes in Ballet, Modern, and Jazz. HIS Dance Company is a community of dance artists built upon a faith-foundation, seeking to offer safe and honest fellowship and to create authentic and excellent works of art.

# HIS Dance Recreation Summer 2024

2715 29th ST Grand Rapids, MI 49512 616.245.9501 Register online [www.hisdance.org](http://www.hisdance.org)

One Week / Three Day June Sessions: \$70 per Week (Non refundable fee deducted within 7 days of registration)

**Session 1: June 11-13 T/W/TH**

Ages 3- 5	9:45- 11:00	Hissy's Manners Camp
Ages 6- 8	11:15- 12:30	Dance Exploration Ballet / Jazz/ Modern/ Tap
Ages 9- 12	11:15- 12:30	Dance Exploration Ballet / Jazz/ Modern/ Tap

**Session 2: June 25-27 T/W/TH**

Ages 3 - 5	9:45- 11:00	Kingdom Camp
Ages 6 - 8	11:15- 12:30	Dance Exploration Ballet / Jazz/ Modern/ Tap
Ages 9 - 12	11:15- 12:30	Dance Exploration Ballet / Jazz/ Modern/ Tap

Four Week / One Day July Sessions: \$65 per Session (Non refundable fee deducted within 7 days of registration)

**Session 3: (Tuesday) July 9/16/23/30**

Ages 3 Month-4 Years	4:15- 5:00	Intellidance
Ages 3 - 5	4:15 - 5:00	Pre Ballet
Ages 6 - 8	5:00 - 6:00	Ballet
	6:00 - 6:45	Funky Jazz
Ages 9 - 12	5:00 - 6:00	Ballet
	6:00 - 6:45	Funky Jazz
Teen / Adult	6:45- 7:45 PM	Cardio Ballet
	7:45 - 8:45 PM	Sunset with the Psalms

**HIS Dance Company (Ages 18+ with Experience)** (Non refundable fee deducted within 7 days of registration)

Classes offered (Tuesdays) July 9, 16, 23, 30.....\$50 or \$10 Drop in Class

Ages 18+	7:45 - 9:15 PM	Ballet, Modern, Jazz, Pilates
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